



FUTSAL SUMMER PROGRAM



- Players will develop 1v1 attacking and defending abilities
- Players will gain confidence in their ball mastery and technical abilities
- Players will develop fast twitch muscle fibers due to smaller surface area on the Futsal space, due to quicker movements
- Players awareness will be more focused and decision making will be quicker
 - Passing and receiving skills will become more refined
 - Communication skills will be utilized more often due to less players on the pitch and players being closer together because of a smaller playing space
 - Players learn to cope in tight spaces
 - It improves spatial awareness
 - It improves decision making
 - Develops a player's ability to both defend and attack
 - Improve player's speed of play
- Players touch the ball up to five times more in small-sided games than in 11-a-side football
- Goalkeepers are involved in the action two to four times more than in 11-a-side football
- The ball is out of play 8-10% of the time in a small-sided game, compared to 34% in 11-a-side

The-Skill-Factory (TSF) is an organization providing the sports community with best in class professional services that engage each athlete uniquely and appropriately. TSF delivers transformative athletic experiences to athletes and families by following a framework that relies on a positive environment, expertise, and integrity.

DATES

JUNE

3, 4, 10, 11, 17, 18, 24, 25

JULY

8, 9, 15, 16, 22, 23, 30, 31

AUGUST

5, 6

(Tournament)

AGES

6pm-7pm: 12U and Under

7pm-8pm: 13U-15U

8pm-9pm: 16U-19U

PRICES

PER SESSION \$50

MONTHLY \$300

JUNE & JULY \$450

TOURNAMENT

(7 Player Max Per Team)

\$150 Per Team